



From the Principal

Ka nui nga mihi ki a koutou te whanau o Te Kura o te Pou Hoia.

Greetings to the community of Freyberg High School for 2006. Things are under way well, despite us being full with extra numbers of students this year. I have been very impressed with the attitude of the students and I just want to take a few moments of your time to outline our expectations for your son or daughter. I would appreciate it if you could reinforce the following message.



We expect our students to be courteous and considerate at all times and in turn I expect that your son or daughter is safe and healthy at school. It is important that the students are treated with respect and receive the best education possible. Please feel free to contact me at any time if you are not happy with the education of your child.

Students must adhere to the school rules. We expect them to attend class on time; complete their school work and bring the necessary equipment to school. We expect the students to take responsibility for their learning and this includes notifying the teacher/tutor/coach and/or Student Centre if they are going to be absent. Because of safety issues, all students must report to the Student Centre if they leave school during the day.

I want also to stress that students will put at risk their attendance at, or representation of, Freyberg High School (school trips, social occasions and other such privileges) if they have more demerits than merits in the pastoral system or if they are not completing their assignments on time.

I am looking forward to the next PTA meeting *on March 14 at 7.30pm in the Staff Room*, where the topic will be Health Education. We need your approval of the courses we run and given the divergence of views on the teaching of Health, I'd expect a large number of parents present.

I am happy to be contacted at any time and I hope you will be very pleased with the standard of education your son or daughter receives this year. We really want the students to take responsibility for their learning, so we'd appreciate your support.

Ka Kite ano

Michael McMenamin
PRINCIPAL





Careers @ Freyberg

For those families new to Freyberg High School my role as the Careers Adviser is to assist students with study and employment choices, decision making and finding relevant information on career opportunities and training. I co-ordinate University and Polytechnic liaison visits and applications for University accommodation. I hold career seminars using local speakers from Industry Training Organisations and career interest areas. I am available to meet with students and parents at times during school hours and after school by appointment.

2006 Dates to Remember...

Manawatu Careers Expo: Sunday 28th May and Monday 29th May

A school trip to the careers expo will be held for all Year 12 students in the morning on Monday 29th May. The careers expo is open to the public and I would encourage all parents and students to attend on Sunday 28th May.

University and Polytechnic Open Days

Open days provide an opportunity to look around institutions and accommodation and are valuable for students whether they are intending to study locally or away from home. Open days can assist students in their decision making and make the move less stressful when it comes time to leave home.

Open day dates are available on University and Polytechnic websites and here are a few of particular relevance to Freyberg students.

Otago University	Tuesday 9th May
UCOL	Wednesday 2nd August
Massey Palmerston North	Wednesday 2nd August and Saturday 5th August
Wellington	Friday 25th August
Victoria University	Friday 25th August

Please note: A school trip will be organised to Victoria University and Massey Wellington Open Day and UCOL Open Day for Year 13 students.

As the Massey Open Day is also held on a Saturday students will not be released from classes to attend the midweek session. I would encourage students and parents to attend on Saturday 5th August.

For Open Days at Canterbury, Lincoln, Auckland, Waikato, AUT etc halls of residence accommodation is often available and the whole experience can be extremely beneficial and fun. Every year Freyberg students chose a wide range of courses and venues for tertiary study. I would advise that students and parents start looking early in the year as it can, for some students (and parents), be a lengthy and tortuous process.

Year 10 Work Experience: Thursday 23rd and Friday 24th November

This is a two day work experience placement as part of Integrated Studies. If your child is seeking a specialist work experience placement such as research, medical, design, journalism, engineering etc it is important to arrange this months in advance and the July school holidays may provide that opportunity. Please contact me if you have any queries.

**Helen Green
Careers Adviser**



Integrated Studies

In Week Four, Year 9 students will have their first Integrated Studies trip of the year as part of our Term One study on the use of resources. The trip will involve a visit to the Ashhurst Domain. Students will look at the many ways in which the Domain is, or has been, used. The Science Department will engage the students in water testing, bug identification and other related activities. This trip will cost \$10. Expect a letter home within the next two weeks relating to this trip.

Other interesting things coming up in the Integrated Department include more consultation with the City Council on its 10-year plan (with selected classes) and Alan Fielding, also from the Council, who will speak to all students on waste and recycling initiatives. Alan has generously agreed to judge a competition in which students will design an invention made from recycled materials.

We're looking forward to an exciting term!

Kate Buchanan
Assistant HOD
Integrated Studies



School Donations

School Donations/Activity Fees

Thank you to the many parents who have already paid or arranged to pay their School Donation and Activity fees.

Despite what you may read in the media, many schools are finding it increasingly difficult to budget within the existing Operations Grants allocated.

The school Operations Grant must cover all school operations, including support staff salaries, priority maintenance, caretaking and cleaning wages, curriculum delivery, extension programmes and consumables associated with curriculum, administration, property, technology, etc.

The payment of your School Donations and Activity Fees enables us to provide the best in resources and equipment to support our teaching and learning programmes.

On a comparative basis nationwide, our School Donation is very reasonable and has not increased in the last four years.

The donation/fees may be paid in instalments if you wish or by automatic payment to:

Freyberg High School ASB Palmerston North A/C Number 123143: 0067863:00

(Please ensure the pupil's first name and surname are shown in the detail column).

We thank you for your support.

Michael McMenamin
PRINCIPAL

Dictionary

Dictionaries in Homes and Classrooms

Having access to a good dictionary at home, and in every classroom, is very important for student literacy. Freyberg High School has arranged with *Bruce McKenzie Booksellers Ltd* the purchase of the *Penguin English Reference Dictionary* at a generous discount. Each classroom is now supplied with a copy of this dictionary.



We recommend that families consider purchasing a copy of this dictionary from *Bruce McKenzie Booksellers* also – excellent value at \$39.95. If you present your Freyberg High School ID card to the shop assistant, you will receive a 10% discount on this price.

Geraldine Reynolds
HOD Literacy
Teacher in Charge Library

Summer Sport:

The following sporting codes are played during Term 1.

Cricket, Volleyball, Touch, Tennis, Golf, Water Polo and Canoe Polo.

Please ensure that your child comes to the Sports Room to register for these sports. As the summer season in Term 1 is quite short, we need to get the students registered and into teams very early in the term. Encourage your Year 9 child to come along and join in with a sporting team at Freyberg.

As always, we are looking for parent support in coaching and management of teams. If you feel you would like to be involved in working with sporting students, please contact the Sports Room. We will be endeavouring to arrange training in various sports codes if there is sufficient interest from parents and outside coaches.

Winter Sport:

Please contact the Sports Room if you could coach or manage any of our Winter Sports Teams.

Any queries, please contact the Sports Room on 358 4971 Ext. 735.

Rosemary Barsanti
SPORTS CO-ORDINATOR

Netball Trials:

The Sports Department is planning to hold Netball trials on the following dates:

Seniors (A1 and A2 levels)	22 March 2.15pm	Year 10	20 March 3.15pm
Seniors (all other levels)	23 March 3.15pm		21 March 3.15pm
Seniors (all other levels)	27 March 3.15pm	Year 9	16 March 3.15pm
			17 March 3.15pm

We are looking for assistance from parents with holding these trials and also with coaching and managing teams. Please contact the Sports Room on 358 4971 Ext. 735 if you are able to help. It would be greatly appreciated.

Rosemary Barsanti
Sports Co-ordinator

Sport

Athletics Finals

Athletics Finals are on Thursday March 9 at the Massey Athletic Track. We welcome the support of Caregivers on the day. The school will be providing transport to and from school and the Massey Track. Further information will be provided closer to the day.

Kent Mori
HOD, Physical Education

Welcome to the first Science Spot for 2006.

Science Spots keep you in touch with what is happening with Science at Freyberg and celebrate the successes of our students as the year progresses. While it is early in the year, we already congratulate Katrina Symes for being chosen as a representative for the region at SciTech Forum. Here is Katrina's account of the two week forum.

"When I announced to my friends that I would be going to Auckland, voluntarily, to study science for a whole two weeks of the summer holidays, they gave me a crazed look. Admittedly, the 6am start and early morning exercise had initially looked unappealing on paper. However, I came to discover that my time at the SciTech Forum was an absolutely amazing experience (and how much more you can get from a day when you get up early!) Attending "geek camp" were 144 students led by 12 student advisors, guided under the watchful eye of the director, Peter Best. There we were all able to experience a range of lectures and hands-on academic sessions in subjects such as psychology, biomedical engineering and geographical science and were also addressed by an embryologist. As many of these areas are not widely known about and often not studied at a secondary school level, this was beneficial and allowed for other potential careers to be explored. We had a 'discussion' on science and ethics. This was important in deciding what we believe and where we stand on issues, especially in relation to medical dilemmas. I was privileged to be able to visit Genesis, MedLab and Fisher and Paykel Healthcare. These are all leading companies in various areas of science, technology and engineering and such visits would have never occurred without Forum.

Having the experience of living in a University Hall and goes on to various campuses was a very exciting adventure; a snapshot of what lies ahead. But Forum was not solely an academic programme – instead, importance was placed on removing the "nerdy" stereotype of scientists in society (the misconception being portrayed as a bearded man dressed in a white lab coat, wearing socks and sandals and recoiling into foetal position if approached by the opposite sex J).

There was time for shopping (phew!!), beach day and the great volleyball tournaments! I was able to meet people with similar interests and career dreams and so form great friendships. Plus, there were always laughs to be had at the night meetings when people were fined for various offences – including drying wet shoes in the microwave and setting rubbish bins on fire whilst trying to be well behaved during a microbiology tutorial.

My experience at Forum helped me to make important decisions about my future and inspired me to continue studying in the area of science, working towards my dream career.'

Great stuff?

Craig Steed
HOD SCIENCE



Library

Applications for the position of a Senior Library and Information Services Library Assistant - Voluntary

Librarians are highly qualified professionals, and a career in library and information services is becoming a more demanding, diversified and attractive career. A professional librarian can train for between 4-7 years, gaining a degree and then a post-graduate degree in the profession, gaining skills in web design, database maintenance and programming, IT training, personnel management, programme management, PR, cataloguing, indexing and publishing. In order to reflect this fact, the library is now seeking several high calibre volunteers – senior students who are serious about the library, about raising its profile and coming up with innovative and successful ideas for improvement.

As of this term, there will be no lunchtime slots available for volunteer work in the library due to time restraints. It is proposed instead that a student seriously interested in a library and information services career apply for voluntary assistance for half an hour after school. In return for your help, the Librarian will ensure you are suitably prepared for a career in library and information, including preparation for tertiary study.

The library has gone through, and is going through, radical and exciting new changes.

If you are interested in supporting the library, please contact the Librarian: Debbie Price-Ewen either at the library, or by emailing her your CV and a covering letter explaining why you want to volunteer:

Price-EwenD@freyberg.ac.nz

Conversely, you can send your CV and a covering letter to:

**Library Manager
Freyberg High School
Freyberg St
Palmerston North**



Photos

Class Photos:

Class (Whanau groups) photos will be taken at school on **Tuesday 21 March 2006**. If you would like to purchase a photo, arrange for your child to collect an Order Form from the Student Centre or the Sports Room.

Photos will be \$10 each, named and laminated. A Year 13 photo will also be taken – this will be slightly more expensive as it will be a larger photo.

Recycling Competition

Recycling Competition for all Year 9 Students!

***Have fun,
win prizes:
earn House points!***

Design and construct a useful item made out of recycled materials, from around your home. Your item or object should show:

- Ingenuity
- Originality
- Have a practical use
- Have visual appeal

The finished item will be displayed in the library for all to see, so make sure it is suitable for display. Last year's entries were very impressive and we're keen to see what you come up with this year.

Closing date for entries is 3rd March.

Alan Fielding, Resource Conservation Officer for the Palmerston North City Council, will judge the competition and select the overall winner on Tuesday 7th March. Alan will also be giving a talk to all Year 9 Integrated Studies classes about ways to look after the environment and "waste minimisation product development". Alan will provide a small prize for EVERY student who submits an entry and students will also earn House points.

ENTRY FORM – Year 9 Recycling Competition 2006

Full Name: _____

Class: _____ Whanau _____

Name of item: _____

Purpose and brief description of the item:

Project Pirate takes Spirit Trophy



At the end of last year a group of ten Year 10 students, accompanied by teacher Alan Selway, competed with students from 3 other schools aboard the sailing ship 'Spirit of New Zealand' for the Spirit Trophy. They had something to live up to as the last group from Freyberg invited to compete, two years ago, managed to win their competition.

Points are given for completing physical and mental challenges, attitude and initiative and over five days, pitting their wits against teams from Waitara, Nelson and Palmerston North Girls' High.

Our team emerged as victors by a huge 32 point margin!

Highlights of the trip around the Marlborough Sounds included a glorious day of competition near Kenepuru Bay where we won every event except for coming last in the dinghy race (when we played our wild card to double points!); a day sailing amidst a huge dolphin pod and the daily 6am swim around the ship. Many friendships were forged and the whole week was a truly unforgettable experience. The team comprised of Sarah Oliver, Cam Rogers, Steph Velvin, Jodie Curtis, David Burr, James Buchanan, Rachel Benton, James Sheehan, Max Annear-Henderson and Lydia Bell.

Congratulate them if you see them, they deserve it!

YOUTHLINE

Help our community. Volunteers needed for our telephone help line at YOUTHLINE. Training starts in March 2006.

For more information contact Youthline on 06 357 3067, or email youthline@xtra.net.nz



Young NZ Challenge Award

The Young New Zealanders' Challenge Award at Freyberg High School.

An invitation is extended to students to join the Challenge Award.

What is the Young New Zealanders' Challenge Award?

It is a programme of activities designed to challenge the individual's achievements. The rewards gained are the rewards of knowing that students have set themselves goals and have achieved them. It is not competitive. There are 3 levels of Award which students at Freyberg have completed successfully in the past, starting from the age of 14; Bronze, Silver and Gold.

At each level, students are required to do some form of activity in each of the sections – service, expedition, skill and physical recreation.

The Award programme is recognised nationally and internationally – equally the Award is seen favourably in students' Curriculum Vitae.

I encourage and invite more students to participate. The cost is \$20 for materials, badges, certificates and booklets and is co-ordinated by me at Freyberg High School with the overall assessment of activities done by the Wellington office.

Please encourage your son or daughter to seek more information and join. Further meetings will be held soon at school. Information will be found via Notices in the morning, on the Notice Board or with me at school.

To end with the Award slogan:

***'Take Control
Push the Limits
Create your own Futures'***

**Ms Paine, Teacher/Co-ordinator
of the Young New Zealanders'
Challenge Award.**



Year 13 Tongariro Field Trip

Some 110 Year 13 students and 11 staff are gearing up for the annual Tongariro Field trip that will occur from Monday 27 February through to Friday 3 March. Half stay in lodge accommodation and half choose tenting. The spectacular vulcanism of New Zealand's first National Park forms a backdrop to a range of learning experiences that provide material that is referred to throughout a range of Year 13 courses. The programme includes looking at adaptative radiation in Hebes; studying the volcanic geology revealed while crossing over Mount Tongariro and rafting on the Tongariro River while living full time with a large group of their peers.

Parents and caregivers of these students will have received a letter giving the confirmed costs with attached trip approval and health forms.

Keith Young



Student Cars:

- Students who wish to drive a car to school must have a consent form that is signed by their parents. Parking stickers will be issued to eligible students shortly and there will be penalties for any student who drives a car without consent.
- Students may not travel in a car driven by another student unless they have written parental permission, which names the driver and the reason for the travel.
- Students found driving or behaving irresponsibly around cars will have permission to bring a car to school withdrawn.
- Students may not sit in their cars between the hours of 8.45 and 3.00pm.

Mr P Brooks
ASSOCIATE PRINCIPAL

Gifted and Talented Programme

We run a programme where we monitor the progress of our students who excel in academic, sporting or cultural activities. One of the ways we choose students is through parental nomination, so if you would like your son or daughter to be considered, please email Sam McIver: mcivers@freyberg.ac.nz or write a note which your child can bring to his or her whanau teacher.

Professional Development days for staff

This is forward notice that the school will be closed for students on **March 24 and June 2**. All teaching staff will be involved in professional development for NCEA and ICT.

There will be no classes running on those days.

“Friends of Freyberg Golf”

We are trying to grow golf at Freyberg, so we are looking for expressions of interest from parents, students and staff to try golf. We are looking for people to be part of a group to “have a go” at golf. Beginners/experienced/whatever – register your interest with the Sports Room, Phone 358 4971 Ext. 735 so we can put a group together to enjoy the game of golf!

We are also looking for assistance in coaching and any donations of second hand gear you might have.

Rosemary Barsanti
Sports Co-ordinator



Associate Principal's Notebook

Associate Principal's Notebook

The 2006 year has started extremely well after the longest summer holidays we have ever enjoyed.

Our Freyberg community continues to grow, with over 1500 people on site from over 100 contributing schools and includes students and staff with 37 different nationalities.

We start the year with 15 new staff who come with a wide range of impressive credentials and who were selected from over 300 applicants.

I continue to be impressed with the quality of students who put themselves forward for leadership and I look forward to working with this year's team.

Head Boy:	Nathan Ram	Head Girl:	Jasmine Cameron
Deputy Head Boy:	Jonathan Haddon	Deputy Head Girl:	Julieanne Gordon
Student President:	Jo Stevens	Student	
BOT Representative:	Chloe Dollery	Vice-President:	Alistair Love

House Captains:

Kapiti:	Tama Christensen, Stephanie Kennerley
Manawatu:	Michael Cameron, Tammy Nottingham
Ruahine:	Jabono Bridewell, Angela van Wijk
Tararua:	Sharna Koopu, Jason Temara

These students attended a Youth Leadership Workshop with Nexus Partners on the 13th February and will attend National Young Leaders' Day on 20th March.

<i>Important Dates – Term 1:</i>	
February 16	Swimming sports
February 21	Athletic pre-lims
February 27 – March 3	Year 13 Ruapehu trip Year 9 Integrated trips
March 2 – 3	Year 12 Drama trip
March 9	Athletics Finals
March 16	Year 11 History trip
March 20	Young Leaders in Wellington
March 24	NCEA Development Day. Teachers only.
April 2 – 4	Year 13 PE Rock climbing trip
April 7	Year 9 Interim reports posted
April 10	Trip to Japan leaves
April 12	Year 9 Parent interviews
April 13	Term one ends

Peter Brooks
ASSOCIATE PRINCIPAL

Advertising in Newsletter

We produce eight Newsletters a year, reaching about 1,000 families.

If you are interested in advertising with us (see back page), please contact the Principal's Secretary at office@freyberg.ac.nz or 358 4971 Extension 703.



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P.T.A.

The dates of our 2006 PTA Meetings
are as follows:
Tuesday 14 February • 14 March • 9 May • 13 June
• 8 August • 12 September • 10 October
• 14 November
7.30pm in the school Staff Room.

All parents and caregivers are most welcome to
attend these meetings. There is an opportunity
for you to keep up with happenings at the school
and also to give us your viewpoint and ideas.

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